**Here is a selection of examples of hot weather posts that you could adapt for your channels:**

The various effects of hot weather on the railway and how we prepare for the effects of hot weather. For example -

<https://twitter.com/networkrail/status/1291717759043215361>

<https://twitter.com/networkrail/status/1291669943533019136>

<https://twitter.com/networkrail/status/1557420534001975297>

<https://twitter.com/networkrail/status/1556521367310372865>

<https://twitter.com/networkrail/status/1549373001782681600>

<https://twitter.com/networkrail/status/1547986150723244032>

**Caring for passengers content:**

Check your journeys -

<https://twitter.com/networkrail/status/1417455012398178346>

<https://twitter.com/networkrail/status/1404333621381586946> (with updated graphic)

Promoting water fountains and carrying plenty of water, based on last year's posts. For example -

<https://twitter.com/networkrail/status/1548600666507075584>

<https://twitter.com/networkrail/status/1557608647919804416>

<https://twitter.com/networkrail/status/1558387890333388803>

Talk to station staff if you feel unwell -

<https://twitter.com/networkrail/status/1556903610465796096>