



# Making a difference *one train journey at a time*

An average train journey puts nearly five times less carbon emissions into the air than making this journey by car.

[nationalrail.co.uk/greener](https://nationalrail.co.uk/greener)

A person travelling in an average car produces 0.167kg CO<sub>2</sub>e per km (based on the average emissions of all cars on the road of various types and engines), while National Rail trains on average produce 0.035kg CO<sub>2</sub>e per passenger per km. This means the average car is 4.7 times (nearly 5 times) more polluting.

