



# Making a difference *one train journey at a time*

Choosing the train instead of a car could save the same carbon as boiling a kettle 455 times.

[nationalrail.co.uk/greener](https://nationalrail.co.uk/greener)

The average train journey is 37.3km, emitting 1.32kg CO<sub>2</sub>e per passenger per journey. Making this journey by the average car emits 4.14kg CO<sub>2</sub>e per passenger (based on the average of all cars on the road of various types and engines, and average occupancy). This saves 2.82kg CO<sub>2</sub>e which is equivalent to boiling up to 455 cups of water in a kettle.

