

Do you know where I can grab a cuppa?

Any idea where the loos are?

Do you mind if I stand here?

**You
can**
just say 'hello'

If you think someone needs help, just start a simple conversation.

You might worry you'll say the wrong thing, but saying something is better than nothing. Trust your instincts – you could save a life.

You can also find a member of staff or police officer. In an emergency, call 999.

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