

Any idea  
where the  
loos are?

**You  
can**  
just say 'hello'

Do you  
know where  
I can grab  
a cuppa?

Do you  
mind if  
I stand  
here?

If you think someone needs help,  
just start a simple conversation.

**You might worry you'll say the  
wrong thing, but saying something  
is better than nothing. Trust your  
instincts – you could save a life.**

You can also find a member of staff or  
police officer. In an emergency, call 999.

**[samaritans.org/smalltalksaveslives](https://samaritans.org/smalltalksaveslives)  
#SmallTalkSavesLives**

**Small  
talk**

**Saves  
lives**

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