



Hey,  
are you  
alright?

## Your words are a life-saving kit

If you see someone who doesn't look OK,  
a little small talk could save their life. Anyone can do it.

Small  
talk

Saves  
lives

SAMARITANS

If you don't feel comfortable approaching someone,  
speak to a staff member or in an emergency call 999.

In partnership with



BRITISH  
TRANSPORT  
POLICE



[samaritans.org/smalltalksaveslives](https://www.samaritans.org/smalltalksaveslives)  
#SmallTalkSavesLives

Samaritans is a registered charity