



Hey,
are you
alright?

Your words are a life-saving kit

If you see someone who doesn't look OK,
a little small talk could save their life. Anyone can do it.

Small
talk

Saves
lives

SAMARITANS

If you don't feel comfortable approaching someone,
speak to a staff member or in an emergency call 999.

In partnership with



BRITISH
TRANSPORT
POLICE



[samaritans.org/smalltalksaveslives](https://www.samaritans.org/smalltalksaveslives)
#SmallTalkSavesLives

Samaritans is a registered charity