

A close-up, high-angle shot of a man's face, focusing on his mouth and beard. He has a grey beard and mustache, and his mouth is open in a friendly smile, showing his teeth. The background is dark and out of focus.

Hey,
are you
alright?

Your words are a life-saving kit

If you see someone who doesn't look OK,
a little small talk could save their life. Anyone can do it.

Small
talk

Saves
lives

SAMARITANS

If you don't feel comfortable approaching someone,
speak to a staff member or in an emergency call 999.

In partnership with



BRITISH
TRANSPORT
POLICE



samaritans.org/smalltalksaveslives
#SmallTalkSavesLives

Samaritans is a registered charity